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Just because the temps are dropping doesn't mean you have to kiss your outdoor workouts goodbye. Whether you like running along the river, sprinting through the woods, hiking up mountains, climbing steep routes, or biking through the city, you can probably stick with your regular routine throughout the winter—provided you have the right gear.

(Customize your own walking plan with [Walk Your Way to Better Health](#) and lose up to 5x more belly fat!)

Of course, layers are a must, because you want to stay cozy but don't want to overheat as your heart rate picks up. That said, you don't want to be peeling off items mid-workout and get stuck carrying them the rest of the way, so you have to layer wisely. While you'll likely want a base layer to wick moisture from your body and a mid-layer to provide some warmth, you'll also need a great topper.

Ideally, that outer layer should be breathable yet solid enough to shield you from the cold and repel the elements. Finding a jacket with the right combo of features can be tricky, especially if your budget is limited, but it can be done! Here are some of our favorite winter jackets that are perfect for cold weather workouts, and you can snag any one of them for \$100 or less.

Looking for more winter walking gear? We've got you covered: