

The Best Cycling Gear on the Market, Period.

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As the Tour de France comes to a close this weekend, I can't wait to see who will cross the finish line as the 2014 winner. I won't lie though—while I've been mesmerized by the cyclists' amazing displays of athleticism, the gear geek in me has TOTALLY been eyeing their jerseys, cleats, and sunglasses as well. It's true that the cyclists competing in the Tour have the most aerodynamic clothing designed specifically for their high level riding (some is even made with 3D printing technology for the most precise, personalized fit possible!). But there are still amazing options for those of us who enjoy a long day on the bike but are far from elite status. I've rounded up some of my favorite pieces on the market (top to bottom!) for road cyclists.

Protect Your Noggin Helmet safety is no joke. Cannondale's Cypher, \$200, features dual-density EPS foam to be lightweight, yet still meet industry safety standards. There are 30 vents throughout the helmet to let air in so your head stays cool, and an adjustable strap in the back for a personalized fit. **Shade Those Peepers** You can't ride without a good pair of sunglasses to protect your eyes from the sun and debris. The Oakley Special Edition Tour de France Radarlock Path, \$330, fit close-to-face and grip tighter as you sweat thanks to the frame's technology. Choose the nose pad that fits you best and your favorite of the two lenses. Easily clip them in with the switchlock design and you're ready to ride. **Get a Grip** Even if the road is smooth, be sure to throw on the SUGOI RC Pro Gloves, \$30. They use the same technology in

their chamois to create padding for all-over comfort. And don't worry about your hands getting clammy—there are mini ventilation ports so air can flow in. If you wash them, be sure to Velcro them closed so no other clothes get snagged. **Cool Threads** Let air flow through the back mesh panels of the [2XU Sub Cycle Jersey, \\$120](#), as you ride. The fabric used in the front is moisture wicking so sweat won't sit against your skin. Throw your phone and ID into the back pockets and hit the road. **Two for One Shorts** Get two shorts in one with the [Pearl Izumi W's Ultrastar Short, \\$70](#). Wear them full length at seven inches, or fold the bottom up and convert them to a four-inch length. The wide waistband helps hold you in and stays in place on any ride. **Cush Socks** No one wants rubble getting into her cycling cleats. Keep it out wearing these [Liv giant Race Day Quarter Socks, \\$20](#). Super thin with grips around the top, the socks allow for ventilation without adding any bulge inside your shoes and they stay in place. **Fab Footwear** Give your feet the attention they deserve! [Shimano's WR62 road cycling shoe, \\$150](#), has a tough sole that can take a beating. Plus the supple synthetic leather and mesh upper allow your foot a comfortable fit so you can log miles all day long.

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